

Sarah E. Appleton, M.S., MFT

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EDUCATION

2008-Present	Doctor of Psychology Candidate, Clinical Psychology
Anticipated Graduation: June 2012	Alliant International University, Fresno 5130 E. Clinton Way Fresno, CA 93727 (559) 456-2777
2005-2007	Masters of Science, Counseling Psychology California State University, Bakersfield Stockdale Hwy Bakersfield, CA (661) 654-2782
2001-2005	Bachelors of Art, Psychology California State University, Bakersfield Stockdale Hwy Bakersfield, CA (661) 654-2782
1999-2001	General Studies Bakersfield College Panorama Dr Bakersfield, CA (661) 395-4011

RESEARCH EXPERIENCE

2008- 2011	Dissertation: Assessing the Paternal-Fetal Relationship using the Prenatal Marschak Interaction Method Rating Scale Committee Chairwoman: Sue Ammen, PhD.
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TEACHING EXPERIENCE

Winter 2011	Masters of School Counseling Program California State University, Bakersfield Child Development Course
Fall 2010	Masters of Science Counseling Psychology Program California State University, Bakersfield Techniques of Family Therapy Course
	Other courses, substitution as needed by Dr Kathy Ritter

CLINICAL TRAINING EXPERIENCE

2011-2012

Psychologist Intern
Kern County Mental Health
1415 Truxtun Ave
Bakersfield, CA 93301

Responsibilities:

Psychological services provided at three different rotation assignments including Children's Wraparound, Kern Crossroads and Adult Recovery & Wellness Center. Psychological assessment and testing, individual treatment, group therapy, coordination with other professionals, and documentation.

Children's Wraparound
Supervisor: Laura Diaz-Winterset, PsyD

Kern Crossroads Facility
Supervisor: Bruce Walker, EdD

Adult Recovery and Wellness Center
Supervisor: Ross Kremsdorf, PhD, JD

2010-2011

Psychologist Trainee
Kern Crossroads Facility
17824 Quality Road
Bakersfield, CA 93308
Supervisor: Rhiyan Quiton, PsyD; Bruce Walker, MFT, PhD

Responsibilities: Individual and group treatment provided to at-risk male juvenile offenders ages 14-18. Provided individual therapy focusing on cognitive-behavioral techniques to a caseload of 10-15 minors. Provided weekly group therapy including ART (Aggression Replacement Training), Anger Management, Healthy Relationships (focusing on domestic violence) and Job Preparation. Completed psychological screenings as needed. Completed intake evaluations and psychological testing approximately once per week.

2009-2010

Psychologist Trainee
Valley Psychological Group
1800 Westwind Drive Suite 101
Bakersfield, CA 93301
(661) 327-3405

Supervisor: Gary Longwith, PsyD

Responsibilities: Individual and group therapy provided to a wide variety of clients in a private practice setting. Provided weekly individual psychotherapy to children, adolescents and adults. Provided weekly workers compensation therapy group. Completed initial intakes and psychological testing as needed.

2006-2007

Marriage & Family Therapist Trainee
University Counselor Training Clinic
9001 Stockdale Hwy
Bakersfield, CA 93309
(661) 654-3062
Supervisor: Kathleen Ritter, MFT, PhD

Responsibilities: Individual, couple and family therapy provided to community clients. Clinic management duties including phone screenings of potential clients, management of supplies and paperwork, coordination with therapist trainees and supervisor.

CLINICAL EMPLOYMENT EXPERIENCE

2011

Mental Health Supervisor
Phoenix House
17824 Quality Road
Bakersfield, CA 93308
(661) 391-2220

2010-Present

Private Practice
900 Mohawk Street Suite 211
Bakersfield, CA 93309

2009- 2010

Private Practice
4949 Buckley Way, Suite 110
Bakersfield, CA 93309
(661) 706-7285
Supervisor: Jeff Stambook, MFT

2007-2009

College Community Services, Wasco
1217 7th Street
Wasco, CA 93280
(661) 758-4029
Supervisor: Gladys Stewart, MFT, PhD

2007

Clinica Sierra Vista
1400 S. Union Ave
Bakersfield, CA 93307
(661) 397-8775
Supervisor: Edie Warkentin, LCSW

2002

Kern County Mental Health
Crisis Stabilization Unit
5121 College Ave
Bakersfield, CA 93309
(661) 868-8000
Supervisor: Melissa Byrd